

The Dublin Advocate

To Encourage and Strengthen Our Community

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Dublin, NH 03444

Caleb Niemela and His Ice House Collection

BY RUSTY BASTEDO

Caleb Niemela has worked with #1 and #2 Eastern White Pine timbers all of his life. A member of the Timber Framers' Guild, he uses 40-ft. timbers to repair and rebuild old barns and buildings, as well as building new ones. He owns Peterborough's Schoolhouse Number 1, built before 1800, and he says the timbers used in that building were 120 years old when cut. He also owns Dublin's Isaac Newton House, built in 1785.

Recently Caleb began to collect New England ice houses, buildings that were once a common feature of the New England landscape before electricity.

For much of New England's history, ice at least 10 inches thick was harvested from New England lakes and ponds during the winter months; horses pulled heavy black iron saws that scored the lake ice. Then teams of men moved onto the ice. They used heavy hand saws to cut it into rows, and then into blocks along the score marks. Next, ice tongs were used to pull and push ice blocks from the water and onto ramps that led to horse-drawn wagons that transported the cut blocks to the ice house.

The ice houses were built with double



walls, with sawdust packed between, to help insulate the ice blocks, and the blocks themselves were coated with sawdust to help prevent their melting together. During the summer months, the ice helped preserve kitchen foods, and home "ice boxes," built of wood and – with a lead-lined bottom drawer to catch melt – were a common feature of American homes for decades before power-generated refrigeration.

New England ice houses and ice proved popular in the West Indies starting shortly after the War of 1812. British North America had been supplying the Sugar Islands with farm animals and supplies for more than a century by then; and somewhat later New England ice houses were built in 19th century British India. The Ameri-

On October 14, 2018, Caleb Niemela, by special permit and with state police escort, moved his New Hampshire ice house past Dublin Town Hall at an early morning hour. On February 11, 2019, another ice house, this one from a Bass Family property in Peterborough, joined the first ice house. Both buildings are now being restored and should be available for viewing some time in 2020.

can writer Henry David Thoreau, living in the early 1850s at Walden Pond in Concord, Massachusetts, watched Irish workers cut the ice for shipment to India, and he waxed rhapsodic about the waters of Walden mixing with the waters of the Ganges. This trade persisted for quite a while.

Meanwhile, Caleb Niemela, honoring this age-old art, is owner of Niemela Design, with his workshop right in Dublin. He can be reached at 563-8895 or Niemela-Design.com.

RUSTY BASTEDO, who recalls as a child in New York City during World War II seeing 'the ice man' with his rubber shoulder wrap and ice tongs carrying 50-pound blocks of ice to his grandmother's kitchen "ice box," is on the staff of the *Advocate*.



Photo Courtesy of Dublin Historical Society

Dublin Public Library

In the Dublin Public Library we're keeping the home fires burning. As a matter of fact, you're welcome to come sit in front of the two working fireplaces and read – the newspaper, a maga-

NEW BOOKS

Elevator Pitch

by Linwood Barclay
(Fic: Suspense)

Night Boat to Tangier

by Kevin Barry
(Fic: Crime, waiting,
and two men)

*Drive Your Plow Over
the Bones of the Dead*
by Olga Tokarczuk
(Fic: 2018 Nobel
Prize, thriller)

Slime: How Algae

Created Us by Ruth
Kasinger (Nonfic)

Eat Joy edited by Natalie
E. Garrett (Nonfic:
stories and recipes)

*Keep Going: 10 Ways
to Stay Creative*
by Austen Kleon
(Nonfic)

zine and, of course, a book. But in stormy weather, if you're wondering whether the library is open, consult WMUR's "Closings" page (www.wmur.com/weather/closings#) or the WMUR TV channel.

This month we're planning to implement an automation system that will contain a record of the library's holdings. You'll be able to make a couple of clicks on your computer, look at the library catalogue site, and search for any materials that you'd like to come into the library and check out. Once you've tried it, you'll love it!

Kids are already learning to love DPL. This month means hats and mittens, skis and sleds. The library's children's programs will be focused on the outdoors in winter: ice and snow, our native birds, and ways to keep busy during these long, cold months. For instance, we'll be reading

Stranger in the Woods by Carl R. Sams III and Jean Stoick, *Sizing Up Winter* by Lizann Flatt, and *Over and Under the Snow* by Kate Messner.

Story Time is every Wednesday morning from 9:30 to 10:30 am and after-school Book Buddies is on Tuesdays from 3:45 to 4:45 pm. Please keep in mind we follow our public school district (ConVal) schedule for our Book Buddies program: if school closes early or is canceled, there will be no Book Buddies that day.

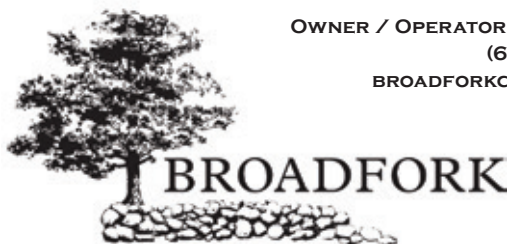
Town of Dublin • Public Notice Filing Period for Town Offices

Residents interested in declaring their candidacy for the following town offices may do so at the town clerk's office beginning Wednesday, January 22, 2020, and ending on Friday, January 31, 2020. For those residents wishing to file for office on Friday, January 31, the clerk's office will be open from 3 pm to 5 pm.

Selectman	1 position	3 years
Supervisor of the Checklist	1 position	6 years
Town Clerk / Tax Collector	1 position	3 years
Library Trustee	2 positions	3 years
Budget Committee	2 positions	3 years
Cemetery Trustee	1 position	3 years
Planning Board	2 positions	3 years
Trustee of Trust Funds	1 position	3 years

JEANNINE DUNNE is Certified Tax Collector and Certified Town Clerk. You may send mail to PO Box 62, Dublin, NH 03444, or call 563-8859, with questions.

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Photo courtesy Dublin Advocate.

Town Emails & Dates to Mark

The Town of Dublin sends out important emails. If you have not yet signed up on townofdublin.org to receive them, you may not know that they recently posted an Alternative Energy Application, the new ZBA Meeting Schedule, and the 2020 Planning Board Calendar.

To be in the know, you can sign up to receive these announcements in your email as they are posted.

That said, here are the important dates relevant to our town business over the next three months. Thanks to Sherry Miller for this information:

- **Wednesday, January 22:** First day to file declarations of candidacy with Town Clerk

The entrance to Rte. 101 from between Dublin General Store and the USPS has just gotten a much-needed new storm drain. It was a joint effort between the town and state.

- **Friday, January 31:** Last day to file declarations of candidacy with Town Clerk (3-5 pm)
- **Tuesday, February 4:** Last day for 25 or more registered voters or 2% of the total, whichever is less, but in no case fewer than 10 voters, to petition Selectboard to include an article in the Warrant Voting
- **Wednesday, February 12:** Budget hearing, 7:30 pm at TH
- **Tuesday, March 10:** Warrant Voting, 8 am-7 pm at TH
- **Saturday, March 14:** Town Meeting, 9 am at DCS

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Broadband Improvement Prospective Plan

Consolidated Communications' proposal yields the most affordable solution.

BY CAROLE MONROE

On December 7, 2019, the Broadband Committee rolled out the Broadband Improvement Prospective Plan at an information session at the Dublin Public Library. During the Master Planning process (Master Plan Survey in 2015, results of survey 2016), the overwhelming response to the question "What does the Town of Dublin need to thrive over the next ten years?" was better broadband service.

In 2017, the Town appropriated funds at Town Meeting for a feasibility study, the results of which were published in March of 2019. Currently Dublin residents have few options, none of which are universal and few offer reliable broadband. Currently 83% of premises in town do not have access to broadband, as defined by the FCC to be 25 Mbps download and 3 Mbps upload.

The Committee has worked diligently over the last two years identifying broadband needs and potential solutions. The Town issued a Request for Information to the current providers in town. The result showed that only 17% of premises have

access to real broadband. We then issued a Request for Proposals to find a private partner that could offer an optical fiber network solution, one that would fit the needs of our community now and far into the future. We received five viable proposals and selected the Consolidated Communications (CCI) proposal to further explore. The CCI proposed solution yields the least financial risk and the most affordable solution.

The proposed network is a fiber-to-the-premise (FTTP) build to all Dublin properties. This is a public-private partnership. Dublin's share of the cost is \$1.3 million and will be obtained by a municipal general obligation bond. The prospective funding model repays the bond with subscriber infrastructure fees, not property tax funds. During the first few years where subscriber fees may not cover the payment, CCI will subsidize the difference. The CCI share to this project is at least \$1.1 million, including the end user installation costs.

There will two additional Information Meetings and Bond Hearings before

Town Meeting occurs. We will announce the dates in early January. Bond funding requires a 2/3 vote at Town Meeting in March. Please attend and vote in favor so that we can move forward quickly.

CAROLE MONROE is on the Broadband Committee along with Rebecca Landry, Peter Imhoff, Sturdy Thomas, Larry Rau, Peter DrakeUnderkoffler, Walter Snitko, and David Wolpe.

But it is not with the future that we are now definitely concerned but the past, in the ability of vanished lives to weave their spell about us, in the power of events and happenings long since outlived, to teach, to admonish, to fascinate and to inspire. Happy the man who in reading the records of the past finds it once more a living thing; – men and women moving toward their ideals with an undiminished high desire, entering on the daily round of duties with the old-time joy in work well done, touched with the beauty of earth and sky, wearied and perplexed by the annoyances of life, and sobered by the shadows which haunt all earthly things.

– From Henry Allison's *Dublin Days*, 1952: xiii

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FDPL Offers Dubliners Two Museum Passes

BY PHIL GAMMONS

The Friends of the Dublin Public Library (FDPL) again provides Dublin residents with museum passes to the Currier Museum of Art and the Museum of Fine Arts. Please ask at the library's front desk.

The Currier Museum provides each library with two passes. Each pass provides 50% off for up to two adults (18+); children younger than 12 years free. Contact the Currier Museum of Art, 150 Ash Street, Manchester, NH 03104; 669-6144; www.currier.org.

The Museum of Fine Arts provides each library with 70 passes. Each pass provides up to two people with \$10 admission each, redeemable at any MFA ticket desk. Contact the Museum of Fine Arts, 465 Huntington Ave., Boston, MA 02115; 617-267-9300; www.mfa.org.

PHIL GAMMONS is Treasurer of the FDPL.

Get a Ride, or Give One

When you volunteer to be a driver for CVTC – taking neighbors to non-emergency medical or social service appointments, or the grocery store – you increase the health of the Monadnock Region, one person at a time.

Volunteer drivers donate their time, at their availability, and can choose to be compensated for their mileage.

Community Volunteer Transportation Company (CVTC) is a nonprofit providing no-fee rides for individuals without access to transportation.

To Give a Ride or Get a Ride, please call 1-877-428-2882, ext. 5.



Photo courtesy Dublin Advocate

Dubliners gathered for the annual lighting of the Christmas tree on a cold December 8 in Yankee's parking lot. The new Recreation Committee was responsible for organizing it: Megan Suokko, and Karen and Caleb Niemela.

Dublin Lake Preservation Committee At Work

BY TOM WARREN

The Dublin Lake Preservation Committee (DLPC) is a Town Advisory Committee, working diligently to ensure that one of the beautiful natural resources of our community is preserved.

In addition to annual water testing, monitoring of the lake for invasive plants, and the Lake Host Program, a major effort has been under way to study ways in which runoff, silt, and highway salt can be mitigated to maintain the high water quality of one of New Hampshire's clearest lakes.

An environmental consulting firm, Comprehensive Environmental, Inc. of New Britain, Connecticut, was retained to conduct a field assessment with recommendations to correct problem areas.

This study was funded by a generous donation from the Beech Hill Dublin Lake Watershed Association (BHDLWA).

Major areas of concern are Old Harrisville Road, Meryman Road, Pumpelly Trail – Brown's Cove, and Cemetery Cove – Old Common Road.

During the next year, in consultation with the Board of Selectmen, Road Agent Roger Trempe, state officials, and lakeshore stakeholders, the DLPC plans to focus on actions recommended in the study.

Members of the Dublin Lake Preservation Committee (DLPC) include Felicity Pool – Chair, June Brening, Phil Gammons, Katy Wardlaw, John Morris, Hank Campbell, Eugenie Silverthorne, and Tom Warren.

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On December 12, the 7th and 8th grade classes at **Dublin Christian Academy** performed *The Lion, the Witch and the Wardrobe* by C.S. Lewis, adapted by Joseph Robinette. Two DCA Seniors directed the play under the supervision of faculty advisor Sarah Katka. In the play, four siblings, "two sons of Adam and two daughters of Eve," travel through a wardrobe into a fantasy land called Narnia where they help Aslan, the great lion, restore the land and free Narnians from the White Witch.

Celebrating Martin Luther King Jr.

We invite your participation.

All are invited to Celebrating Martin Luther King, Jr. 2020 on the date of the national holiday, Monday, January 20, from 5 to 6 pm, at the United Church of Jaffrey, 54 Main Street.

The event brings people together to remember the life and work of Dr. Martin Luther King Jr. and to renew the values he stood for. This year's theme is "Our Beloved Community," a central precept guiding Dr. King's thought and action.

Executive Director of the New Hampshire Black Heritage Trail, JerriAnne Boggis, will give the keynote. She is a writer,

educator, and community activist. She was honored by the NH Humanities Council in 2015 as one of the 40 most influential NH residents to have enriched human understanding. New Hampshire Youth Poet Laureate Rachel Sturges will read an original poem composed for the event.

Winners of the MLK Student Multi-Media Poetry Contest will be announced and share their poems, and school choirs will provide music.

The event is heralded at 4:45 p.m. with the ringing of the United Church's Revere bell as part of the "Let Freedom Ring: Choose Non-Violence" National Bell-Ringing Ceremony and followed by a reception in the Parish Hall. Event and reception are free.

Please contact the event organizer, Jaffrey-Rindge MLK Committee, with questions at jaffreyrindgemlk@gmail.com.

Willard Jost
d. 2019

A New Birth

Eden James Doenmez was born October 31, 2019, to Lily Featherston and Baran Doenmez. Lily and Baran are both Dublin kids (Baran since birth, Lily since age 4) who grew up about a quarter-mile apart from one another. They crossed paths briefly as preschoolers at Cobb Meadow School, but after that their paths diverged to different schools.



It wasn't until the summer of 2012 that they got to know each other again. Baran was home from playing soccer in Switzerland and Lily had just graduated from Rhode Island School of Design. Love bloomed on Church Street over the course of a beautiful Dublin summer. In the fall they moved to Portsmouth together, and after five years in the city they moved back here to the place they both love so well. They became engaged at Dublin Lake.

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News from DCS

BY NICOLE PEASE

Happy New Year! December came upon us so quickly this year. DCS spent the last weeks in November thinking about the many things that make us thankful. The late Thanksgiving break was extended by two snow days. When we returned to school, the staff realized we only had a week to prepare for the Holiday Concert. This lovely tradition has been such a joyous part of our year, and it was with very heavy hearts that we chose to cancel our concert this year. We are hopeful that we will have a Spring Concert coordinated by our new Music Specialist Hannah Sheperd.

The last day of school before the Holiday Break is another beloved tradition, the annual Round Robin Craft Day. The day began with a variety of craft stations planned by staff and PTO. These stations allowed students to make gifts for their families. The focus upon giving to others makes this day so special. After lunch and recess, students enjoyed *The Grinch Who Stole Christmas* read aloud by Tim Clark.

Students and staff were thrilled with the early snowfall, as we have a wonderful sledding hill! After the Winter Break, students will take full advantage of any new snow on "Winter Fun Days" held each Friday. About half of our students will travel to Crotched Mountain for the ski program, coordinated by our wonderful PTO, and the students at school will have the opportunity to enjoy some extra recess and other winter activities.



As we think about the New Year, we are also starting to plan for the next school year. If you know anyone who will have a child five years old by August 25, please ask them to get in touch with us. Kindergarten screenings begin in February, more information to follow. DCS is a very special place; feel free to come by and see all that is going on. We ask that you call us first at 563-8332.

NICOLE PEASE is Teaching Principal at DCS.

DCS Fifth Grade

BY ALAN EDELKIND

As I am sure most Dublin residents know by now, the ConVal School Board voted unanimously to extend the availability of 5th grade at DCS for six more years based on the 5th grade DCS student population.

It is now up to the parents of future Dublin 5th graders to take advantage of this opportunity, as students will have a choice of where to attend 5th grade.

Important considerations are:

- The Core Education Curriculum is the same regardless of which school the 5th grade students attend. The Education Curriculum is a district-wide curriculum and is taught and evaluated as such.

- Core services and support are also on a district-wide basis and are determined by need.

- There is not a consensus about the pros and cons of small versus larger school; it depends on which study one reads.

- Although there some differences in the extra-curricular activities that are available

in a small school vs. a larger school, the importance of this factor depends on the individual parents'/students' needs. Sometimes, due to smaller class sizes, there are better opportunities in a smaller school than a larger school.

- The viability of 5th grade at DCS also has a direct impact on the viability of DCS due to student population numbers.

I am sure that there will be informational meetings held and communications structured to address the concerns that the 5th grade parents will have. It is a very important decision and I urge you to get involved.

ALAN EDELKIND is Dublin's representative to the ConVal School Board (SAU1).



DCS PTO

BY COREY BOYD

DCS students will be heading to Crotched Mountain Ski Area starting January 10 for five consecutive Friday afternoons of skiing and riding. Students in Kindergarten through 4th grade participate in a one-hour lesson and then have a chaperoned two-hour free ski opportunity.

Students who choose not to participate are involved in winter fun days at the school. If you are planning on buying passes, rentals, or lessons, you are able to use our login, which benefits us by applying credits to our account for so much money spent (in a nutshell we can help offset the cost of the program to participating families). Here is that link: www.crotchedmtn.com/voyager-program/ Login: CMDUBCONS Password: dcsmember

PTO members continue to encourage involvement in our school and beyond at the School Board level.

COREY BOYD is communications coordinator for the DCS PTO. Other members are Serena Berube, president; Erin Nolan, VP; Lisa Budzik, secretary; and Karen Niemela, treasurer.

January Events at the DubHub

Smartphone Photo Contest & Reception

The first-ever Dublin Smartphone Photo Contest received 33 photo entries from 13 participants! All the photos will be on display through January. The reception will be on Friday, January 3, from 5 to 7 pm, with winners announced at 6 pm. The photos feature people, places, or events within the town of Dublin between December 1, 2018, and December 1, 2019.

Song Circle Meets

The monthly Song Circle, which will meet on Friday, January 3, at 7:30 pm, is an informal gathering that enjoys a variety of folk, pop, blues, and Americana from the past 60 years or so. Songwriters are welcome to share originals. For information, email Bruce_Simpson@msn.com. Admission is free, donations are welcome. BYOB and snacks.

Mothers and Babies Group

The new Mothers and Babies (newborn to 18 months) Group continues to meet

on Fridays between 10 and 11:30 am. This event is hosted by Grandmother Nancy Cayford. You don't have to be a Dublin resident to attend.



Decatur Creek, Monadnock area folk supergroup, headlines the Dublin Folk Show on January 31, to be held upstairs in the Dublin Community Church. From left to right: Doug Farrell, Beth Eldridge and Jack Carlton.

Dance Fitness Winter Session

The winter session of Dance Fitness with Deb Giaimo begins on January 6 and runs through February 24 (8 weeks). The class meets Mondays from 5:30 to 6:30 pm for a moderate intensity, low-impact

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aerobic dance workout done to popular songs from the '50s to the present. For details and fees, call Deb at 563-8648 or email fredebg@myfairpoint.net.

Qigong Under Way

January classes will begin on Wednesday, January 8, from noon to 1 pm. There will be four classes in January: 8, 15, 22, 29. We will celebrate Chinese New Year, the year of the Rat, on Tuesday, January 28, at the Cherry Garden on Main St. in Keene at 12:45 pm. Please contact Ginnette for fees at ammatwirl@aol.com or call 313-9828.

Code Club Winter Session Begins for Youngsters

Code Club starts its winter session on Thursday, January 9, continuing weekly through February 20, from 3:30 to 4:30 pm. The club is open to any Dublin students, grades 2 through 8, as long as they can read. This free session is limited to 15 students. Interested people may email dubhubcodeclub@gmail.com.

Community Lunch for All

Join us for a delicious home-cooked meal on Tuesday, January 21, at noon. The menu this month is chili and cornbread,

sweets, and drinks. Cost is \$3. Come enjoy conversation with your neighbors over a tasty meal.

DubHub Open Mic on Fourth Friday

The monthly DubHub Open Mic, hosted by Volkert Volkorsz, will be on Friday, January 24, starting at 7 pm. Doors open at 6:30. This is an acoustic open mic with no PA. Coffee and tea will be available. Admission is \$5. Sign up in advance by email at info@dublincommunitycenter.org, or at the door.

Community Forum on Civility

The January Community Forum – “Keeping civility in our discourse: a nonpartisan toolkit to survive primary season” – will be held on Saturday, January 25, from 4:30 to 5:30 pm. Leaf Seligman and Balmeet Khalsa will offer tools to use to keep difficult conversations fruitful and effective.

Dublin Folk Show Is a Benefit Concert for MATS

The Dublin Folk Show: a tribute to the American Folk Revival benefitting

MATS (Monadnock Area Transitional Shelter) will be held on Friday, January 31, at 7 pm at the Dublin Community Church (snow date: Saturday, February 1).

Tickets are available at the DubHub, the Toadstool Bookshop, or email info@dublincommunitycenter.org.

Hours in January at the Hub

The DubHub is open for Coffee & Conversation on Mondays, Wednesdays, and Fridays from 9 am to noon. On Mondays the DubHub remains open until 5 pm. On Wednesdays the Hub is closed from noon to 1, and opens again from 1 to 4 pm. Closed January 1.



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The Story of the Peterborough Food Pantry

The good work is due to its loyal donors and enthusiastic staff.



BY GLORIA MORISON

What began in 1996 as a small group of volunteers operating out of a cupboard in the basement of the Peterborough Town House to provide food for the hungry has become, 23 years later, the robust, well-managed Peterborough Food Pantry.

We have been honored to continue the mission of our founders while continuing to find creative ways to support and expand the services we offer to more than 325 local households from 13 area towns, including Dublin.

Some recent highlights follow.

Over the past two years, we've greatly expanded the availability of fresh fruits and vegetables to our customers via our Green Bag Program and by being the

beneficiary of the Rindge Hannaford's Fresh Rescue donation. Additionally, we've increased outreach to local farmers, gardeners, and gleaners who provide overflow produce to our pantry.

Through our partnership with All Saints Church, our Hungry Students Program now supplies nutritious snacks to needy students in all 11 ConVal Schools for during and after the school day.

In participation with the USDA Senior Food Assistance program, we provide extra food supplies to senior citizens who have a hard time making ends meet with only their social security check for income.

Accountability is critical to the health and well-being of every organization, and we recently completed our annual re-ver-

ification process where we sit down with each family to verify that they are truly in need of our services. This process provides the data to ensure that our resources are judiciously apportioned and that we continue to live up to our motto to "feed the needy and not the greedy."

We are proud of the way the Peterborough Food Pantry has grown and the good work we have been able to do thanks to our loyal donors and enthusiastic staff.

GLORIA MORISON is chair of the Food Pantry, which is located at 25 Elm St. in Peterborough and open from 9 am to noon, Monday through Friday.

Dublin Events Thanks to the Harris Center

• **Cross-Country Ski** around Dark Pond on Saturday, January 11: Join Tom Warren for a 3-mile roundtrip ski around Dark Pond. Meet at 10 am at 91 Charcoal Road, where we'll return at noon for hot chocolate.

• **Evening Snowshoe** around Howe Reservoir on Sunday, January 12: Join Tom again for a 2-mile snowshoe around Howe Reservoir, where we'll listen for owls and look for winter-bright stars. Bring your own snowshoes and a headlamp or flashlight, and meet at 7 pm at the pull-off on the south side of Route 101 in Dublin, opposite the Monadnock Rotary sign. Back by 9 pm.

• **Cross-Country Ski** from Stone Pond to Old Troy Road on Saturday, January 18. Join Tom for a 2-mile cross-country skiing excursion around scenic Stone Pond. Meet at 10 am at the boat launch on Stone Pond in Marlborough. Back by 1 pm.

For all events, RSVP to Tom Warren by calling 563-7190 or email ttwassociates@myfairpoint.net.



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Phoenix House of New England, a Residential Program

Committed to a holistic approach.

BY DENISE FRANKOFF

Dublin is fortunate to have a community partner that is helping individuals with substance use disorders rediscover their strengths. To learn about Phoenix House of New England, I recently talked with Shorey Dow, Assistant Vice President, Strategic Quality Optimization, who has worked with the organization for 13 years.

Phoenix House of New England is a non-profit, nationally recognized, and accredited healthcare provider that specializes in the prevention and treatment of substance use disorders and other substance use and mental health conditions. It offers 24 programs in New Hampshire, Massachusetts, Rhode Island, and Vermont.

Phoenix House of New England is unique in several ways. It has highly trained, devoted team members who, like Shorey, have worked at Phoenix House for many years. The organization invests in its staff, which fosters commitment and innovation. The teams work hard to improve programs, using evidence-based principles to guide them. The organization offers a continuum of care, based on a person's individual needs – from out-patient services to a hospital-based, detoxification program located in Keene, NH.

This continuum of care is critical for individuals struggling to rebuild their lives.

Phoenix House of New England recently implemented a central access program that starts with just one phone call, which helps break down barriers to care. An individual speaks with a team member who then determines which program and services the person needs.

Phoenix House teams use a holistic approach to identify a person's needs and opportunities for growth. In addition to behavioral health programs, the team helps individuals complete a high-school equivalency program, obtain vocational training, and identify and explore leisure and recreational interests. Family and friends are a part of the treatment planning and engagement, as recommended by the care teams.

Phoenix House of New England is in-network with most major private and

The care team is committed to having a strong connection to our community. Dublin's police and fire chiefs, Tim Suokko and Thomas Vanderbilt, respectively, serve on the Phoenix House advisory board. They work collaboratively to educate one another on issues affecting health, safety, and confidentiality. One innovation that came from this partnership is the placement of a dropbox on the campus. Family members and friends can use it to deliver gifts or personal items. The team is reviewing other ways to work more closely with local communities to increase



Photo courtesy PhoenixHouse.org

public health insurance programs. It also provides care for individuals who are uninsured.

Its Dublin campus is considered a high-intensity residential program. Individuals in this program have had life domains impacted by a substance use disorder. They require a high level of structure from staff who provide onsite support 24/7. Dublin's campus is well situated for individuals to enjoy the outdoors: the facility offers snowshoeing, hiking, and bike riding. The site also has an indoor area where individuals can exercise.

education surrounding behavioral health services and enhance knowledge regarding available services.

Shorey describes Phoenix House as being like a "family – the energy and commitment at Phoenix House is so rewarding!"

More information can be acquired online at www.phoenixhouse.org/locations/new-hampshire/phoenix-house-dublin-center/.

DENISE FRANKOFF, who works as a speech-language pathologist at Monadnock Community Hospital, is on the staff of the *Advocate*.

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The Year of the White Metal Rat

BY GINETTE GROOME

On January 25, 2020, the Chinese New Year will begin, marking the new moon day of the first Chinese lunar month in the Chinese Lunar Calendar system. This year will be known as the Year of the White Metal Rat.

The Rat is first in the order of all the Chinese zodiac animals. In Chinese culture, rats were seen as a sign of wealth and surplus. Because of their reproduction rate, married couples prayed to them for children. Rats are clever, quick thinkers; successful, but content with living a quiet and peaceful life.

You were born under the sign of the Rat if you were born in the following years: 1924, 1936, 1948, 1960, 1972, 1984, 1996, 2008, 2020. For those born under the Year of the Rat, your lucky colors in 2020 will be blue, gold, and green, with lucky numbers of 2 and 3.

Those born in a Rat year will come into the full energy of their own sign. Industrious rats will find their hard work paying off, and success will come in the form of career; celebrate the fact that your efforts

will be rewarded and seen. But visit your doctor at the first sign of illness, and work toward creating a loving, open environment for all of your relationships.

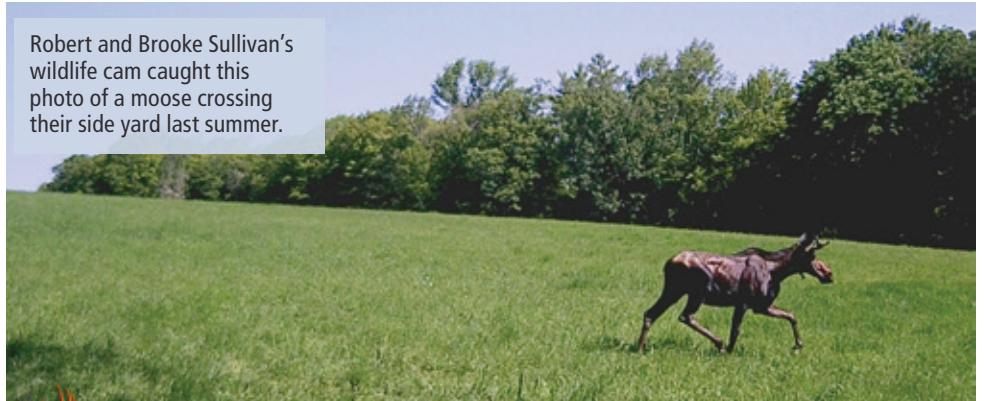
To welcome in the New Year: wear red clothes, adorn windows and doors with red decorations, buy flowers to signify a new beginning, thoroughly clean the house, offer oranges as gifts for luck and wealth, and visit friends and family. Enjoy foods like



spring rolls, oranges – perfectly round, they symbolize completeness and wholeness; long noodles – represent long life and because of this, they are not to be cut; sticky rice cakes and sweets; a whole fish – complete with the head and tail to ensure a good beginning and ending to the year; a whole chicken – for family togetherness; and Pomelos – for abundance. Happy New Year!

GINETTE G. GROOME, a licensed and nationally certified Massage Therapist and Reflexologist, specializes in AMMA Therapy, a traditional Chinese Medical Massage. She teaches Qigong at the DubHub on Wednesdays from noon to 1 pm. Please contact her for information on fees at ammatwirl@aol.com or call 313-9828.

Robert and Brooke Sullivan's wildlife cam caught this photo of a moose crossing their side yard last summer.



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Monadnock Rotary Club

BY PEGG MONAHAN

Monadnock Rotary Club's schedule has been limited because of holidays: Veteran's Day, Thanksgiving, and a snow storm. On December 10, Chris Flynn spoke at our meeting. He was involved in local banking throughout his career. After "retiring" three times, he currently serves on a number of boards including RiverMead and Peterborough Players. He presented information about the role of demographics in his business decisions. He feels current data can prove critical for businesses and government in making immediate and future decisions. Mr. Flynn was a founding member of Monadnock Rotary Club.

On December 17, Steve Jackson presented information on the Park Theatre in Jaffrey, and its campaign to build this community facility in downtown Jaffrey. On January 7, Balmeet Kaur Khalsa will present about a possible new community breakfast program.

The club meets on Tuesday mornings, at 7:30 at the Dublin Community Church Hall, downstairs, where breakfast is served. Everyone is welcome to attend the regularly scheduled meetings.

PEGG MONAHAN is President of Rotary for the term 2019-2020. She can be reached at 827-3139, her cell is 852-8166, and her email is pegg@accelara.com.

Update from Eversource

Preparing for 'weather' by staying informed.

When severe weather is heading our way, visit the Outages section of Eversource.com for steps to stay safe and be prepared before, during, and after a storm.

You can report an outage online and view an outage map or receive outage and restoration updates through your choice of text, email, or phone. Report an outage by text and receive on-demand text status updates about when your power will be restored.

Update your alert preferences and enroll in text reporting at Eversource.com.

Loss, Grief & Bereavement Forum

Hospice at HCS will offer "Understanding Loss, Grief & Bereavement," a monthly support group that will focus on understanding grief in ourselves and others; grief education and ways of coping will be provided. The group will meet at HCS offices at 312 Marlboro Street in Keene on three Wednesdays (January 29, February 26, and March 25), from 12 pm to 1 pm.



There is no charge to participate, but registration is necessary. Please call Marguerite Cheney at 352-2253 to register, or for more information.

Hospice at HCS is a comprehensive nonprofit hospice program, providing end of life care to patients and support to family members. Care is offered in the home, in assisted living facilities, or in nursing homes throughout southwestern New Hampshire.

The River Center

The River Center in Peterborough has several ongoing and one-shot programs for January. If you are the parent of a young child, consider attending our Parenting 4 to 9ers on Wednesdays at 9:30 am with Bonnie Harris for ongoing support and guidance. Bonnie will also be discussing all about When Your Kids Push Your Buttons on Tuesday, January 14, at 6:30 pm, and how to take back control of your emotions. Visit rivercenter.us, call 924-6800, or email info@rivercenter.us.



The River Center is a Family and Community Resource Center that provides community connections, parenting support, tax assistance, and money coaching to strengthen individuals and families in the eastern Monadnock Region. It is located at 9 Vose Farm Rd., Suite 115, Peterborough.

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JANUARY 2020 Dublin Town Events

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
BOS Board of Selectmen DCC Dublin Community Church DCS Dublin Consolidated School DPL Dublin Public Library DS Dublin School	DWC Dublin Women's Club HUB Dublin Community Center MRC Monadnock Rotary Club TH Town Hall, Dublin ZBA Zoning Board of Adjustment	1 New Year's Day Closed: HUB, DPL, Town Offices; DCC TwoHat Group 7 pm	2	3 HUB Coffee 9-noon; Smartphone Photo Contest & Reception 5-7 pm; Song Circle 7:30-9:30 pm	4	
5	6 HUB Coffee 9-noon, Open 12-5 pm; Dance w/ Deb 5:30-6:30 pm; DPL Dublin Lake Preservation Committee 6:45 pm; TH BOS 4 pm	7 DCC MRC 7:30 am; DPL Book Buddies 3:45 pm; HillTop Group 6:45 pm	8 HUB Coffee 9-noon, Qigong 12-1 pm, Open 1-4 pm; DPL StoryTime 9:30 am; Republicans 6 pm; Trustees 7 pm; DCC TwoHat Group 7 pm	9 HUB Code Club 3:30-4:30 pm	10 HUB Coffee 9-noon	11 Cross-country ski around Dark Pond with Tom Warren 10 am
12 Snowshoe on Howe Reservoir with Tom Warren 7 pm	13 HUB Coffee 9-noon, Open 12-5 pm; Dance w/ Deb 5:30-6:30 pm; DPL Open Democracy 5 pm; TH BOS 4 pm	14 DCC MRC 7:30 am; DPL BookBuddies 3:45 pm; HillTop Group 6:45 pm	15 HUB Coffee 9-noon, Qigong 12-1 pm, Open 1-4 pm; DPL StoryTime 9:30 am; DCC TwoHat Group 7 pm; TH BOS 4 pm; Cons. Commission 7 pm	16 HUB Code Club 3:30-4:30 pm; DPL Demo of free magazine etc. database	17 HUB Coffee 9-noon	18 Cross-country ski around Stone Pond with Tom Warren 10 am
19	20 Martin Luther King, Jr. Day HUB Coffee 9-noon, Open 12-5 pm; Dance w/ Deb 5:30-6:30 pm; DPL closed	21 DCC MRC 7:30 am; HUB Community Lunch 12-1 pm; DPL BookBuddies 3:45 pm; HillTop Group 6:45 pm	22 HUB Coffee 9-noon, Qigong 12-1 pm, Open 1-4 pm; DPL StoryTime 9:30 am; DCC TwoHat Group 7 pm	23 HUB Code Club 3:30-4:30 pm; TH ZBA 7 pm; First Day to file candidacy (last day: 1/31)	24 HUB Coffee 9-noon; Open Stage 7-9:30 pm	25 HUB Forum: Civility 4:30-5:30 pm
26	27 HUB Coffee 9-noon, Open 12-5 pm; Dance w/ Deb 5:30-6:30 pm; TH BOS 4 pm	28 DCC MRC 7:30 am; DPL BookBuddies 3:45 pm; HillTop Group 6:45 pm	29 HUB Coffee 9-noon, Qigong 12-1 pm, Open 1-4 pm; DPL StoryTime 9:30 am; DCC TwoHat Group 7 pm	30 HUB Code Club 3:30-4:30 pm	31 HUB Coffee 9-noon; DCC Dublin Folk Show: Benefit Concert for MATS 7-9:30 pm; TH Last Day to file candidacy	

THE DUBLIN ADVOCATE may be found online and in color at **WWW.DUBLINADVOCATE.COM**

The Dublin Advocate is written by neighbors, for neighbors. Everyone is welcome to submit articles and/or photographs of interest to the community. Email submissions by the 15th of each month to DublinAdvocate@gmail.com.

Articles subject to edit. The editor reserves the right to refuse any article or advertisement.

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