

The Dublin Advocate

To Encourage and Strengthen Our Community

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Dublin, NH 03444

Creating a Healthy Garden

Ways to boost our yards' biodiversity.

BY SUSAN PETERS

Entomologist and author Douglas W. Tallamy encourages all of us to think of ways of providing a healthy habitat in our yards. By using native plants and creating biodiverse habitats, we can create living landscapes and "make insects."

Tallamy suggests converting our lawns into a more diverse landscape with a rich assortment of native plants, trees, and shrubs and thereby protecting the host plants of insects that are native to our area. Dr. Tallamy's latest book is *Nature's Best Hope: A New Approach to Conservation That Starts in Your Yard* (2020).

Bees, butterflies, and other beneficial insects need abundant nectar and pollen sources throughout the growing season. Insects, especially caterpillars, depend on specific native plants for food. Milkweed is the primary food source for monarch caterpillars. And many native plants depend on particular native insects for pollination. Pollinators even help us to maintain a healthy diet. (To find native plant listings by zip code, see Native Plant Finder at nwf.org/nativeplantfinder.)

In *The Great Healthy Yard Project* (2014), Dr. Diane Lewis encourages us to

manage weeds organically. She advocates avoiding harmful herbicides and pesticides that end up in our rivers, streams, and groundwater wells. Dr. Lewis reported homeowners use ten times more chemicals per acre than farmers do.

Four essential ingredients for a backyard wildlife habitat outlined by New Hampshire's Wildlife Action Plan (published by NH Fish and Game in 2015) include:

Food: Shrubs and trees provide fruits and seeds throughout the year. Choose native plants such as blueberry, sumac, and viburnum. Perennial and annual flowers

provide nectar for butterflies and hummingbirds. Hummingbirds visit bee balm, wild columbine, and cardinal flower. Butterflies enjoy butterfly weed, purple coneflower, and phlox. You can add feeders to provide a variety of seeds for birds through the winter months.

Water: Consider adding a birdbath or installing a small pond. Heaters ensure a year-round water supply. A small fountain will add the sound of running water and increase the birds' activity.

Cover: Many of the same trees and



Purple lilac in Dublin, the state flower of NH.

shrubs used for food also protect animals from weather and predators. Include evergreen and deciduous shrubs. A small brush pile provides cover for birds or an overwintering spot for many insects and moths. Rock, log, and mulch piles offer homes for small mammals, reptiles, amphibians, and a great variety of insects.

Places to Raise Young:

Evergreens, deciduous trees, and shrubs provide additional nesting areas for birds. Rabbits, shrews, mice, snakes, and salamanders lay their eggs or raise their young under the boughs of plants and in rock, log, or mulch piles. Aquatic animals deposit their eggs in ponds. Butterfly eggs and caterpillars find safety among the herbs, flowers, shrubs, and trees. You can supplement with nest boxes for bluebirds, chickadees, wrens, and purple martins.

Source material includes NH Fish and Game's website (www.wildlife.state.nh.us), writings by authors Douglas W. Tallamy and Diane Lewis, and Donna Garner's and my 2018 exhibit on pollinators.

SUSAN PETERS is on the staff of the *Advocate*. She is also a Select Person for the Town of Dublin.



Bombus (bumblebee) at the Dublin Post Office.



Town Meeting will be **Saturday, May 1, at 9 am**, at Cricket Hill Farm (antique engine-meet field), 1716 Main Street, Dublin, with a backup location of ConVal Regional High School parking lot; 184 Hancock Road, Peterborough, NH. Town meeting will be "drive-in theater" style. Residents will stay in their cars and tune in on their radios. Residents who wish to speak will come forward and talk at a sanitized microphone. Masks are strongly recommended when outside your vehicle. Please note, there will be bathrooms available but no food will be sold.

Native Plants Increase Biodiversity

"You should aim to focus your efforts on growing native plants," advises Cynthia Faith, a certified horticulturist. "Invasive plants can dominate really fast and are very hard to control, leading us to use chemical means or pull them up and expose the soil, releasing carbon," Faith says. You won't have this problem with native plants though, she notes, as "native plants increase biodiversity."

SOURCE: www.gardeners.com/how-to/combat-climate-change/9584.html

Dublin Public Library

Come to the Garden Fest on May 22 in the village.

BY RACHAEL LOVETT

We will be open for browsing appointments beginning May 1. We ask that you book an appointment before your visit so that we can continue to limit capacity and maintain proper cleaning procedures. We still quarantine all incoming material for three days. At this time, we request no outside meetings or large groups; masks and social distancing will be enforced. To book an appointment or learn about our re-opening, visit www.dublinnhpubliclibrary.org, or call 603-563-8658.



In May we launch our seed library, which provides Dublin residents with a variety of gardening seeds – fruits, vegetables, herbs, and flowers – to take to your home gardens. We encourage you to bring in any seeds from your own garden harvests and offer them to our seed library for other community members.

And on May 22's Garden Fest, here in the village, we are happy to once again be offering an annual sale of gardening books. (Read the next article from the Friends of the DPL for those details.)

As the weather warms up, don't forget the two museum passes we offer at the library, provided by the FDPL. The NH State Parks Pass continues this year, offering free day-use at most NH State Parks. We also offer a discount pass to the Currier Museum in Manchester. Both passes require reservations (at the venue and here at the library), so call us or check out www.dublinnhpubliclibrary.org for guidelines on individual passes.

Our Summer Reading Program is being planned to grow exponentially this year! We will offer exciting new programs, events, and fun for the whole family.

The Library is open on Mondays from 10 am to 5 pm, Tuesdays from 3 pm to 7 pm, Wednesdays from 9 am to 5 pm, Thursdays from 3 pm to 7 pm, and Saturdays from 9 am to 1 pm. We will be closed on Monday, May 31, in observance of Memorial Day.

RACHAEL LOVETT is director of the DPL. She can be reached at 603-563-8658.

Thomas C. Naylor, Jr. 1932-2021

Spring is Sprouting!

Join your neighbors at the Garden Fest, May 22.

Thanks to the Friends of the Dublin Public Library (FDPL), a Garden Fest will be held on May 22, 10 am to 1 pm, in the parking lot of Town Hall, with visiting to the DubHub and the Dublin Community Church. Social distancing will be observed, masks recommended, gloves provided.



- ✿ **Open a book:** There will be hundreds of current vegetable and flower gardening books for sale or to borrow. Books about farming, herbs, preserving, garden history, and DIY projects.
- ✿ **Plant a seed:** The Library's seed project will have flower and vegetable seeds to take home and plant.
- ✿ **Master native plants:** Native plant experts will show specimens and offer advice regarding the value of our native plants.
- ✿ **Learn about conservation:** Dublin's Conservation Commission will offer information about identifying and managing invasive plants. Updates about other local ConComm projects will be available.
- ✿ **Explore garden history:** The Dublin Historical Society and the Archives will show displays of Dublin garden history, as well as the DPL's original 1901 catch basins and downspouts (see article on page 8 in this issue).
- ✿ **Picnic!** The DubHub will serve hotdogs from 11 am to 1 pm – vegan dogs available as well. The picnic is made possible through the support of the Thomas P. Wright Fund of the New Hampshire Charitable Foundation.
- ✿ **Listen:** In the wonderful DubHub tradition, live music will be featured during the picnic.
- ✿ **Children's activities:** In front of the Community Church, there will be a kid's space with surprises to lift your spirits no matter what your age.

Please contact Rachael Lovett at the DPL with questions.

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Dublin Women's Club News

BY NANCY CAMPBELL

Due to the continuing closure of the Town Hall and the postponed town meeting, the Women's Club annual pre-town meeting, usually held in March, was held April 27 via Zoom. This meeting helps voters prepare for the annual town business meeting.

As was done last year, the Women's Club annual meeting was last month via email.

The Women's Club board has yet to make a decision on opening the beach this summer. We are hopeful that we can safely open, and so we have made plans to hire at least two employees. However, in addition to heeding the state's Safer at Home advisories, we are monitoring what other towns and clubs are doing to help inform our decision. The board will wait as long as

possible before we make a final decision. Once a decision is made, members will be notified via email (if we have an email address for you) or via NextDoor.com.

Invitations to become a member and join the beach will be sent in May. Dues will still be \$125, including beach membership (\$25 for Club membership only); scholarship assistance is available to individuals or families who cannot afford the dues. If anyone has questions, they may contact Judy Knapp (563-8176), Nancy Campbell (563-8480), or any other board member listed below.

NANCY CAMPBELL is Treasurer of the Dublin Women's Club. Other board members include Judy Knapp, (chair); Margaret Blackburn (secretary), Nancy Campbell (treasurer), Shauna Arpin, Connie Cerroni, Judy Edelkind, Laura Elcoate, Janice Moore, Rebecca Oja, Sarah Sangermano, and Jeanne Sterling.

Memorial Day 2021

This is what is happening on **Memorial Day, May 31, 2021**. The parade is canceled. There will be a short ceremony at the cemetery at 11:30 sharp. Everyone is invited, there is limited parking.

All veterans are asked to be at the cemetery at 11:15. The flag in the village will be raised at noon and the church bell will ring. Masks and social distancing will be required.

Next year we hope things will be back to normal; thanks for understanding. If there are any questions, please call Brian 603-803-1365.

The Memorial Day Committee is comprised of Brian Barden, Hank Campbell, and Lewis Hansen.



The 2020 roadside-cleanup crew went to work while distancing.

Rotary Goes after the Litter

After more than a year of remote Zoom meetings, the Grand Monadnock Rotary Club is meeting again in person, not to sip coffee but to pick up trash along designated sections of Rts. 101 and 202 on **Saturday, May 8, at 9 am**. We park at the T-Bird / Citgo station and spread out toward Dublin and Peterborough. Trash

bags and reflective vests are provided. Bring gloves. We will be done by noon or when all trash has disappeared. If you have an interest in community service and friendship locally and internationally, check out www.grandmonadnock-rotary.org, or call Harry Wolhandler, at 603-852-8026.

Notices from the Dublin Police Department

ATTENTION DOG OWNERS

As responsible pet owners, not only is it our duty to see that our dogs are fed, licensed, and properly vaccinated, but it is also our obligation to insure their safety – and those of our neighbors – by having our pets under control at all times.

It is unlawful for any dog to run at large outside of their own property, except when accompanied by the owner or custodian, and when used for hunting, for guarding, working, or herding livestock, as defined in RSA 21:34-a, II(a)(4). This means that the dog's owner must be able to see and/or hear their animal at all times, plus have a command control over it.

Although we may know that our dog is loveable and would never harm anyone, it can be quite scary to be walking or riding a bike and have a dog "charge" at you, which is how the unknowing person feels. Please be considerate of all our residents and keep us all, including our dogs, safe.

RULES OF THE ROAD

One of Dublin's best features is our country roads: great for walking, jogging, riding bikes and even riding horses! However, they can also become very dangerous when a driver decides that a road is for their racing enjoyment.

Speed limits are not suggestions; they are the law! Speed Limit signs are posted on the majority of Dublin Roads and where one cannot be found, RSA 265:60 dictates "35 mph for rural residence district and Class V highways (a.k.a. "town roads")."

Please, slow down, follow the law, and offer common courtesy to pedestrians and bikers by moving over if possible. If you are walking, jogging, hiking, biking, etc., please stay to the side of the road so as not to obstruct the flow of traffic. We all want to stay safe and enjoy our beautiful town.



SHARE THE ROAD

With springtime here, drivers can anticipate more walkers and bicyclists on our roads. Remember to look for these exercisers, and share the road, with both courtesy and respect.

Dublin Christian Academy Students Win 61 Awards

New England Association of Christian Schools Competition.

BY BETHANY PAQUIN

Dublin Christian Academy (DCA) upper school students competed in a virtual academic and fine arts competition in March. Students in grades 7-12 earned 27 state-level ribbons and 34 regional-level ribbons.

The pandemic affected the way students prepared for the competition and the makeup of group performances, since performances were restricted to students in the same academic pod. Despite many unique challenges, each student had a chance to compete.

The DCA students took the highest award in 14 categories. Senior high school



This photo by DCA freshman Brooke Landry of Dublin won first place in the Junior High division, Macro & Still Life Photography category.

students took first place in reader's theater, large instrumental ensemble, large vocal ensemble, small vocal ensemble, Spanish, World History & Geography. Junior High students took first place in large vocal ensemble, dramatic interpretation, reader's theater, religious reading, garment construction, people & animals photography, still life & macro photography, and English.

BETHANY PAQUIN (bpaquin@dublinchristian.org) is Director of Development, Dublin Christian Academy (dublinchristian.org), 603-563-8505.

News from the Dublin Historical Society

Zoom with Storyteller Jo Radner about our family stories.

BY SARA GERMAIN

On Wednesday, June 2, at 7 pm, the Dublin Historical Society (DHS), with funding assistance from New Hampshire Humanities, will present historian and storyteller Jo Radner in an interactive discussion, via Zoom, on Family Stories: How and Why to Remember and Tell Them.

Radner will share ways to mine memories and interview relatives for meaningful stories. Participants can practice finding, developing, and telling their own tales. Information on Zoom access to the program will be available at the DHS website (dublinhistory.org), Facebook page, and in the June *Advocate*.

The Dublin Archives: Following the resignation of Lisa Foote as the DHS Archivist, a position she held for more than seven years as a skilled and dedicated volunteer, the Society welcomed Celeste Snitko as Assistant Archivist.

Celeste, who joins Nancy Campbell, Town Archivist, has worked at the Archives as a volunteer since 2016 and had served on the DHS board for three years. As part of her work, she transcribed diaries and indexed newsletters from 1986 through 2016 by subject area content. Those of you who viewed the World War I exhibit in the Town Hall in

2018 have Celeste to thank. It was her idea to curate the display and her determination that made it a reality. Celeste has also served as Chair of the Trustees of the Dublin Public Library.

The Archives building is staffed Mondays, Tuesdays, and Thursdays, from 8:30 to 12:30, and is open by appointment. For information, please contact dublinhistory@townofdublin.org.

SARA GERMAIN is a DHS Board Member. Other members include Lucy Shonk (co-president), Felicity Pool (co-president), Donna Garner (treasurer), Judy Knapp (secretary), Paul Hardy, Laura Elcoate, and Ruthie Gammons.



This photo by DCA 8th grader Anastasia Mitchell of Maine won first place in the Junior High division, People and Animal Photography category.

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Learning & Growing at DCS

BY NICOLE PEASE

When writing these articles, I often look back at previous years' submissions to see what was going on in our school. At this point last year, we were fully remote and had been for about six weeks. It was such an amazing undertaking that required tremendous effort on the part of the DCS staff, our students, and their families. Presently, I am thrilled that we have been able to be "in person" for the significant majority of this school year, and again it is due to the hard work of our amazing community!

When we returned from the two-week vacation in March, staff and students had to review the classroom routines to get everyone's bodies and minds back into the learning groove. Not only did we focus on academic expectations, we also wanted to develop our strong feeling of community within the school.

Teachers made plans to celebrate May Day with the creation of flower baskets to be delivered to our nearby community members. The whole school participated in making artistic creations about birds to be showcased during the **Children and the Arts Festival from May 9 to May 23**.

As the snow melted it was time to prepare for spring recess and time outdoors. Grades 3/4/5 swept the winter sand off the basketball court and assembled the soccer nets. We are looking forward to the Cornucopia Project coming back to our school and getting the garden beds up and running!

One of the most special things about May is the opportunity to celebrate Staff Appreciation Week. The staff members at DCS go above and beyond to ensure our

students know they are safe, welcomed, and cared about. This year has been like no other, and the DCS staff have had to learn many new things, to be even more flexible and supportive of each other, and to adapt to the rapidly changing teaching environment. Our students are happy, learning and growing, and excited to be back in school! That would not be possible without all the staff at our very special school.

Kindergarteners are wanted! If you know of a child who will be 5 years old before September 30, please have their



parents contact our school at 603-563-8332. It is time to register.

NICOLE PEASE is the Teaching Principal at Dublin Consolidated School (DCS), which she attended as a child herself.

Dublin Baseball is On!

The Dublin little league field had a major clean up.

BY KAREN NIEMELA

Dublin baseball is happening thanks to the ConVal Cal Ripken League! The baseball field and season are managed by the Dublin Recreation Committee. Our town league representative is Derek Stevens.

The League allows any young person ages 5-12 years of age to play baseball. There are divisions based on age, and games will happen at various fields within the district depending upon the age group.

The official season begins May 3 and runs to the end of the school year – around



June 17. The committee plans to have a calendar available on the town website or linked.

Dublin's little league field (on Church Street) had a major clean up in April organized by the Recreation Committee and facilitated by residents and owners of some of our wonderful town businesses. Thank you to everyone who participated.

Current COVID guidelines of the league restrict spectators, but hopefully that will change.

KAREN NIEMELA is a member of the town's Recreation Committee. Other members are Megan Suokko, Caleb Niemela, and Ramona Branch.

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Report from Our School Board Representative

BY ALAN EDELKIND

Spring sports: Last month I noted that ConVal has adopted its Athletic Department's proposal for Spring Sports. Everything is going according to plan and we are proud of all involved. There have been questions about the following statement in the proposal: "All staff and athletes must wear a face covering over their nose and mouth during practices and competitions." ConVal relies on multiple experts for their direction. For this decision we relied on the National Federation of High Schools, the New Hampshire Interscholastic Athletic Association, the New Hampshire Division 2 Athletic Directors, and the ConVal COVID Monitoring Team.

Update on physical distancing and the Governor's Executive Order for 5-day in-school availability: ConVal has adopted the 3-foot physical distancing recommendation. This has gone very smoothly and has allowed the High School to have both Cohorts attend school 4 days a week together. Previously, Cohorts alternated weeks in school and remote to achieve the then-required 6-foot distancing requirement. Each week still includes Flex Friday.

This change affects the High School. Pursuant to Governor Sununu's Emergency Order #89, beginning the week of April 19, all students will have the opportunity for in-person learning five days a week. All blocks will be utilized for academic intervention, recovery, or enrichment. There are now five 40-minute blocks, allowing for dismissal at 11:15 am on Fridays. Transportation will continue to be offered in the same capacity as it is now.

Budget update: In the April *Advocate*, we noted that the budget went into recount and ultimately passed. Subsequently, the School Board met to review the impacts of the now-passed budget. After a lengthy discussion, the School Board voted to not implement the proposed K-8 multi-age competency-based remote school program, which had a \$780,000 allocation. The board is now in the process of determining what option(s) we have in relation to the \$780,000. It does not mean that the budget is reduced by \$780,000. It is much more complex than that, and I will keep you all up to date.

Learning loss: Obviously, there has been

some learning loss across all grades due to the impact of COVID on our educational environment. At the April 6 school board meeting, Dr. Anne Forrest, Assistant Superintendent, provided a presentation about the direction the district is moving in to address this most important issue. Dr. Forrest will be providing a further presentation on this subject, and recommendations will follow from the ConVal administration.

As always, please visit the Facebook Dublin/ConVal group for up-to-date and detailed information on this and other ConVal happenings.

ALAN EDELKIND is Dublin's representative to the ConVal School Board, aka SAU1. He can be reached at aedelkind@conval.edu.

Celebrating Dublin Rotary Park

The story of creating the Dublin Rotary Park was presented by Jerry Branch to an attentive audience at a celebration at the Park in April. The Dublin Conservation Commission hosted the fun event. Guests enjoyed a weather perfect day – a warm sunny afternoon. The kiosk and entrance area sparkled from the work done by volunteers. Guests were welcomed at a cookie table where they signed in. A new park information box was installed to house a visitor sign-in notebook and provide information. A welcoming sign had been positioned at the park entrance on Hwy 101 where Dublin Chief of Police Tim Suokko was watching out for the safety of guests. More than 30 people were in attendance. A hiking tour of the park was conducted by Selectperson Susan Peters.



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Broadband Special

New prices are available for both new and existing customers.

BY CAROLE MONROE

Consolidated Communications is going live with new residential fiber pricing. Existing residential fiber customers can opt into these promotional plans with no penalty related to any contract obligations. Instructions to call in to take advantage of this great promo will be in the marketing materials sent to existing fiber customers.

New pricing for Fiber Internet – Stand Alone:

50 Mbps/50 Mbps	\$46.50
250 Mbps/250 Mbps	\$71.50
1 Gbps/1 Gbps	\$81.50

The product offering is symmetrical service at 50 Mbps upload / 50 Mbps download, or more if you need it.

These prices are available for both new and existing customers. There will be no contracts, no early termination fees, and no data caps. The price includes an in-home installation, Wi-Fi gateway, the \$11.50 Fiber Infrastructure Fee, and a 30-day money-back guarantee.

Thank you for sending me your outstanding Consolidated Communication issues. I know they have been working on resolutions for each of them.

For those of you with temporary drops, if your conduit is now unfrozen, please call the support line to schedule a new drop through your conduit. If you have any additional concerns or issues, please email me at cdmonroe@myfairpoint.net.

CAROLE MONROE is a Select Person. Other members of the Select Board are Chris Raymond and Susan Peters.

Congratulations to Dublin's 2021 Graduates

COLLEGE GRADUATES



"Cully," John Joseph Colantino IV: I've spent the past four years majoring in Film and Entrepreneurial Studies at Hobart College in Geneva, NY. While there I played fullback for

Hobart's Rugby Club, and worked as the Assistant Field House Manager. After I graduate in May I plan to travel, look for a job, and enjoy everything the world has to offer."

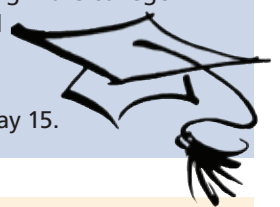
Lucy Freeman will be graduating with her B.S. in Aerospace Engineering. Shortly after graduation, she will be completing her instrument rating at Melbourne Flight Training as an add-on to her private pilot's license. Lucy will be moving in with her boyfriend in order to raise their son, Maxrebo, who is a beta fish. They plan on welcoming more fish into the family soon.



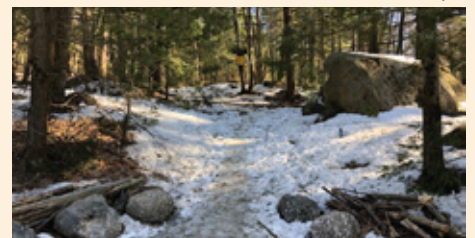
Grace Wirein will graduate from Saint Anselm College in Manchester, NH, this May, earning her B.A. in Psychology. She will attend Boston College this fall, working to earn her Master's in Mental Health Counseling. She is aiming to do extensive research in the areas of adolescent psychology and multicultural psychology, specifically in the area of Asian mental health. After completing this degree, she hopes to earn a PhD in Counseling Psychology and become a licensed psychologist in a private practice.



The June issue of the *Advocate* will focus on graduates from high school. Share with your neighbors where you will graduate from, plans if you wish, and a photo of your face. We'd love to hear from you, now more than ever, including more college grads. Please send your material to DublinAdvocate@gmail.com by May 15.



Please stay tuned for an update in the June *Advocate* from Sterling Abram dedicated to advising about changes to parking at the Dublin Trail. There will be staff on hand collecting parking fees on weekends beginning soon, and reservations will be required. More to come.



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A Teacher's Learning Curve

Janice Roberts teaches 12th grade English, civics, U.S. and world history, and geometry.

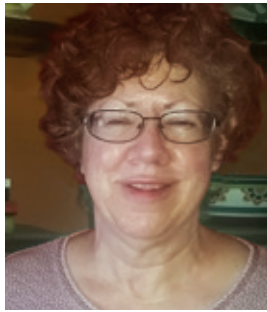
BY RAMONA BRANCH

For Janice Roberts, teaching during COVID was stressful and involved a huge technology learning curve. The mandate was to convert classroom teaching to 100 percent online. "Some of my colleagues knew how to use Google Classroom, using functions like attaching teaching videos, setting up homework pages, and grading homework and returning it to the student," Janice pointed out. "I did not."

Janice, who teaches at Dublin Christian Academy, said that educators spent untold hours thinking through how the process of teaching had to change and implementing a new system. Following the Governor's recommendations, Janice only had 20-30 minutes per day for each of her classes, four days per week. Only one of those four days was a Zoom class. Friday was catch-up day for kids who had not completed their work or needed extra help.

"With the limitation in class time, I could only cover one third of the content that I would normally have included," Janice said. "I had to plan the optimum information compressed in a very short time. It humbles you in learning to do these things."

In addition to the leap of teaching 100% online, a major impediment was the fact that some families did not have the bandwidth to have more than one child on the computer at a time. This meant that Janice



had to take meticulous steps in scheduling each child's classes. She would spend 2½ hours on Sundays loading up class details so parents could see all of the week's work for each child. To help students with geometry, Janice said she would work through the problems with them on the phone.

"The good side of this challenging year," she explained, "is that it made me appreciate any face time I had with my

students. I have grown my technology skills tremendously. My relationship with families has been strengthened."

Continuing, Janice said, "COVID made us set up a system that we can now use to continue teaching when students have to be out because of bad weather. When some parents found out what we were accomplishing with our students and that classes would be in-person for a five-day week, they took their children out of public school. Our enrollment went up over 20 percent."

RAMONA BRANCH is on the staff of the *Advocate*.

DPL Trustees to Restore Old Catch Basins

On display during Garden Fest in the village May 22.

BY NANCY CAYFORD

In 2020, while crawling into the old "crawl space" at the Library – where one can actually stand up, I discovered the original 1901 catch basins and downspouts. They looked pretty worn out, but when I got them out into the light I could see they must have been beautiful in their day. I laid them in the parking lot, then went to the Archives to tell Lisa Foote and Nancy Campbell about the find. Archivist Lisa came out to photograph and measure them, and later sent me postcards showing where they had been on the building.

In the year since then we have found a small company that will reproduce the basins and downspouts in copper, the way they were in 1901.

A Library Trustee sub-committee will be applying for a NH Arts Council grant.

In the process of investigation, we also realized that the library needs to replace the gutters. The original gutters were wooden, but trying to use the old wood

gutters would be too complicated and costly. We are going to use copper to match the basins. The grant we are applying for will not cover the total expense, so we will be raising funds for this wonderful restoration project.

You will have a chance to see the original copper catch basins and downspouts at the Garden Fest, on May 22, from 10-1, in the parking lot behind the Town Hall, where they will be on display.

NANCY GOOD CAYFORD is Chair of the DPL Trustees.



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One Family's Homeschooling Journey

BY MARY LOFTIS

During the pandemic year, 13-year-old Haven Ferguson taught herself to juggle. She also took multiple online art classes at the Institute of Art and Design at New England College. Her 15-year old brother Nathan embarked on the study of Japanese language, which he will pursue as his high school foreign language requirement. When the after-school Code Club at the Dublin Community Center was cancelled, he continued coding on his own and won third prize in a national web design contest. Meanwhile, Haven and Nathan's two younger siblings, Galen and Genna, have pursued their own academic and extra-curricular passions in and around their home in Dublin.

The family moved here from Kodiak Island in Alaska three years ago. Mom Alicia said that she and her husband, Dayna, had made the decision to homeschool their children before they reached school age. She was aided by a strong partnership between the school district and the homeschool community on Kodiak Island.

When Alicia arrived in the Monadnock Region, she became connected to local homeschoolers through The River Center and different Facebook groups, and also found a welcoming and collaborative community. Alicia explained that homeschooling can take different forms. Her family's approach is based on the philosophy of Charlotte Mason, a late 19th century British educator, who believed in using literature, or "living books," as the basis



of teaching. In line with that philosophy, Alicia said she has always emphasized reading aloud to her children from the time they were infants, and then teaching them to read when they turned five. All four children are now fluent and avid readers. In fact, being unable to regularly visit and check out piles of books at the library was a hardship this year.

But that wasn't the only hardship. Alicia said the beginning of the pandemic was very difficult for the family. Her husband, Dayna, is an Emergency Room Physician at Monadnock Community Hospital. Dur-

ing the first two months of the pandemic, he resided at the MacDowell Colony so he wouldn't risk infecting his family with the virus. It was a time of anxiety – as well as cancelled events and activities – while everyone contended with the unknown. Over time, the family established a "new normal," and they were all gratified to be able to assist struggling members of their local and church community with meals, groceries, and handmade cards.

Alicia said activities are resuming for her children. On his 15th birthday, Nathan completed lifeguard certification at the Keene YMCA. All four children have been able to participate in swim team there as well, with social-distancing protocols in place. While a few activities will remain online a bit longer, violin lessons and their local church youth group are back to in-person, and the kids are participating in a performance of "The Secret of Captain Midnight," directed by Jody Hill Simpson of Hancock. Clearly, a lot of exciting learning is happening for this family in and right around their home in Dublin!

MARY LOFTIS is on the staff of the *Advocate*.




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Mountains Shadows, A School and Its Outdoor Classrooms

BY ALISON EVANS

One of the many challenges facing schools everywhere has been how to best balance the educational and social needs of children with the essentials of safety during the ongoing COVID-19 pandemic. Many smaller schools, Mountain Shadows among them, were able to reimagine classrooms and curriculum for in-person learning, so children could stay connected to their classmates and school. For us, that has meant spending our days together outside.

While Outdoor Education and time outside have always been a part of our school, this year, as many students say, "All our classes are outdoor classes." Tents dot the

Alison and her class in their tent classroom.



Here below the Eagles (4th grade) are having a class in the Uncharted Forest.



campus; firepits warm cold days; and former classrooms have become open-air.

Children and teachers (some Zoom from home) have weathered it all, and happily. As a school community, we took to heart and saw the truth in the saying, "There's no such thing as bad weather, only inappropriate clothing." The parents have prepared their children beautifully, and we have been able to truly enjoy the year.

One key to the success of the year has been in making sure students have plenty of time to move. The whole school begins the day together with the rituals of our Morning Meeting, distanced in a large circle, where they greet one another, review the day's schedule, and dance.



Alison's class (the Eagles, 4th grade) building the ancient city of Troy in the snow.



Interspersed throughout the day, students enjoy a variety of outdoor activities along with their traditional academic classes.

They have also been creating a new outdoor space in what has been named The Uncharted Forest, a magical, gnome-like place where each class has contributed to its creation. It is a project in which they all realize joy and take pride.

This has been a challenging year, but we have found happiness in being together and in appreciating the natural beauty that surrounds us, even in the cold.

ALISON EVANS grew up in Peterborough and attended Mountain Shadows and Dublin School. After graduating from Simmons College, she returned to the Monadnock Region to teach at her former school; she lives in Dublin with her husband and two children.

Lifestyle Solutions for Wellness

NP brings integrative healthcare to our community.

BY DENISE FRANKOFF

Marylou Cassidy, Family Nurse Practitioner, is among a new generation of healthcare providers who combine traditional and lifestyle medicine. This past year Marylou opened an independent health clinic right here in Dublin at 1283 Main Street. As an Advanced Practice Registered Nurse (APRN), she can diagnose, treat, and manage a wide variety of health issues and concerns. Over the past 30 years, she has worked in a variety of healthcare settings. This past year she decided to open a local clinic in order to provide an integrative approach to health and wellness.

What is integrative healthcare? According to Marylou, integrative health care is a comprehensive, customized, holistic approach to healthcare. While it follows the same guidelines as most medical practices, it also examines how various factors link together to impact wellness: physical, emotional, social, spiritual, occupational, financial and environmental. The objective is to find the



Marylou Cassidy has been an EMT and firefighter with the Hancock Fire Department for nearly 20 years. She and her husband, who together have five adult children and four grandchildren, enjoy motorcycle riding, sailing, and refurbishing old houses.

right balance between lifestyle and wellness.

Marylou's goal is to provide one-to-one holistic care in a non-rushed environment. Appointments with Marylou are not your typical 15-minute visit. In contrast, during one-hour sessions she examines all aspects of your health to develop a deep understanding of your unique needs. She devotes her time and attention to look for the root cause of the issue.

Marylou states, "I can prescribe medications, but if we can find a lifestyle solution then we have really made a difference." Therefore, integrative medical care may include lifestyle modifications as well as conventional approaches, such as medications, referrals to specialists and tests. Care will always be coordinated. She is a Medicare provider and

accepts most commercial and self-insured health plans.

Marylou offers an initial meet-and-greet appointment at no charge. During this visit you may decide to schedule a comprehensive evaluation. Telemedicine visits are also available.

To contact Marylou, please visit her website at www.best-health.me, call 603-831-1191, or email www.integrativehealth@best-health.me.

DENISE FRANKOFF is on the staff of the *Advocate*.

Stay tuned for news about **Summer Playground**. There will be an article in the June *Advocate*.

The Dublin Highway Department welcomes two new hires, Nick Bergeron and Cole Jean. We are lucky to have some overlap with our seasoned veterans before they retire.



Goodness Keeps on Giving

Leftover cookies from last month's Community Church Supper were donated to the Keene vaccination clinic (Krif Road) by Susan and Lucy Shonk. The sign reads, "Thank you from the Dublin Community Church."



Take a Peek NextDoor

BY JULIE RIZZO

Need someone to rototill your garden? Looking to nab a local litterbug? Want a recommendation for a great hiking trail, massage, or hiphop class? Interested in how the new broadband service is working around town? Find all this and more at NextDoor.com, Dublin edition.

NextDoor is an online app where residents can connect to welcome newcomers, exchange recommendations, spread timely news about events and happenings, borrow tools, find lost pets, and more.

Currently 312 Dublin residents are

“members” of the Dublin NextDoor community, with many more joining from surrounding neighborhoods in Harrisville, Peterborough, Marlborough, and Jaffrey.

You can sign up for NextDoor at <https://nextdoor.com/> or download the app onto your phone. You’ll be asked to provide your address and, once verified, you can introduce yourself (or not) and browse posts and comments from your neighbors on a variety of topics.

NextDoor is a moderated site, which means that you agree to follow the guidelines for civil and appropriate participation. See you NextDoor!

JULIE RIZZO is on the staff of the *Advocate*.

Thank you for the email! In regards to NextDoor, I suppose I am the founding member of the Dublin NextDoor. My husband Tim and I moved to town in 2015 and I found it difficult to know all the goings on about town. I knew that NextDoor was an app that was a virtual posting for all things from lost dogs, to community activities, and general alerts for small neighborhoods. I thought Dublin would be a great addition to the Monadnock Region NextDoor. Five years later, we have over 200 neighbors and we welcome new neighbors each day! We have found countless lost dogs, posted many events, and have been a great place to wave a friendly virtual hello in times of social distancing.

MEGAN SUOKKO is the owner of Dogs on Depot, based in the heart of Peterborough. It handles dog daycare, food, and items that pet owners need.

Monadnock Hunger Walk in Its Fifth Year

It’s time to walk! The 2021 virtual Monadnock Hunger Walk was held throughout April to benefit our local food pantries and food programs. Ask your friends and neighbors to walk with you or ask them to sponsor you. **Walk any time before May 1**, in your own neighborhood or favorite trail. Distance is not the issue; commitment to raising money to serve our neighbors is. Sponsor forms, and a list of addresses for pantries and programs may be found on the Monadnock Hunger Walk 2021 Facebook page. Your sponsors send a check during April made out to the pantry of their choice with “Hunger Walk” on the memo line. On **Saturday, May 1**, the Monadnock Hunger Walk will celebrate its 5th year. We hope you join The Walk to support our local food programs in these times of need. For more information, call Julie at 603-899-9759 or email juliefloodpage@gmail.com.



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Cindy Marriner, Resident at Scott-Farrar since June 2019

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Linda Bullard Bastedo (1950-2021), a longtime resident of Dublin, died peacefully at home, after battling a terminal illness. Beloved daughter, sister, wife, mother, aunt and friend, Linda was surrounded by her children, Kip and Spencer, and by her husband of 40 years, Philip Russell "Rusty" Bastedo.

After graduating from Denison University, Linda moved to New York City in the early 1970s to pursue a career in the decorative arts. An artist and historical preservationist at heart, she began working as an arts researcher. Linda was known for her skills at bringing people together in beautiful settings filled with flower arrangements and delicious food that she created.

In 1978, a mutual friend introduced Linda to Rusty Bastedo, a museum curator and New York native who shared her love of antiques and decorative arts. After marrying in 1980, Spencer and Kip were born within a couple of years of each other, and Linda retired to focus on the children.

The family's story was not limited to New York, however, for Rusty's parents

had a long history of their own in Dublin. The family visited the beautiful town at the foot of Mount Monadnock whenever they could, and Linda fell in love with Dublin, recalling later that when she first arrived in town she knew she had finally found her home.

Linda and Rusty moved the family with Nils, Rusty's son from an earlier marriage, to Dublin full-time in the late 1990s, at which point she began the twin projects that she would pursue for the rest of her life. The first of these was the creation of a beautiful home and the second was the cultivation of a dazzling garden whose color and design reflected Linda's keen eye, patient care, and playful spirit through the seasons.

Linda loved her extended family, her

friends, and Dublin, and will be dearly missed by all whom she took into her heart, and all who took her into theirs. Visit Linda's tribute page at www.jellison-funeralhome.com.

SOURCE: Keene Sentinel: www.sentinel-source.com/news/obituaries/linda-bullard-bastedo/article_44b73d0f-6a3f-5dc4-850c-c15e83d0fef4.html



Photo courtesy of the family



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Preventing Violence in the Home

Crisis and prevention center is open 24/7.

BY MEGAN FULTON

To say COVID-19 upended our lives would be an understatement. A year into the pandemic and we are still seeing and feeling the loss of our everyday lives, our everyday routines.

The loss of a favorite pastime. The loss of seeing friends and hugging our families. The loss of spontaneous meetups and social connections. The loss of regular office hours, of last-minute trips to the grocery store. For those living in violence, these essential losses of independence have been even more significant.

When the world stopped, so too did our crisis line. Not to say we stopped answering – people stopped calling. As soon as quarantining went into effect, our advocates began seeing an eerily quiet phone line. Survivors were now trapped at home with the person

abusing them. All of the everyday, mundane actions – going to work, picking up that one ingredient, dropping a child off at practice – activities that would have given survivors a reprieve and perhaps even a chance to make a phone call, were no longer options.

This pandemic has shown us just how dire a violent home situation can become when the rest of the world is already struggling to protect itself from a threat. It has also shown that the pandemic did not create the problem of violence in our communities, but rather exacerbated an existing crisis – one that, like the pandemic, will take great effort on all our parts to end.

This is an important time for us at MCVP (Monadnock Center for Violence Prevention) to reach out to you, to invite you to join us in the vital effort to end violence in our communities. It doesn't have to be big, and it can fit right into your new COVID-19 routine. You can talk to a loved one in your life about what a healthy relationship looks like to you. You can call out victim-blaming language when you hear it. You can share a post about sexual violence prevention online – you never know who needs to see it. You can donate to MCVP or other organizations working to end violence. You can volunteer – even virtually! It will take a collective effort from everyone to stand up against violence.

In 2020, advocates provided 9,498 services to 691 survivors in the Monadnock Region. Additionally, we sheltered 33 individuals, including children. With schools moving into unchartered territory, our educators still reached 2,122 students with in-person and virtual learning. To learn more, visit mcvprevention.org.

MEGAN FULTON is Development Director (development@mcvprevention.org) for MCVP, 12 Court Street, Suite 103, Keene, NH 03431; 603-352-3844 x215. The crisis lines for www.MCVPrevention.org is 603-352-3782 or 1-888-511-MCVP.



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May Events at the DubHub

Some events may be held outdoors. Stay tuned!

DubHub Board Members

The Dublin Community Center board welcomes two new members, Ruth Thompson and George Crawford, who were voted in during the April board meeting. They join Laura Elcoate, who joined in January. We appreciate the contributions made to the board by Deb Jameson and Heidi Thomas, who have stepped down to pursue other interests.

Coffee & Conversation via Zoom

If the weather is warm, Coffee & Conversation sessions will be outdoors in the Garden Sanctuary of Dublin Community Church on Monday and Wednesday mornings in May from 10 to noon. If the weather is cool (below 55), we will meet via Zoom from 10 to 11. For details, email info@dublincommunitycenter.org.

Knit with Nancy on Fridays

Knit with Nancy meets via Zoom every Friday at 10 am. For an invitation, contact Nancy Cayford at npcayford@myfairpoint.net.

Song Circle

Song Circle will meet in the Garden Sanctuary on Sunday, May 2, at 3 pm. Musicians, listeners, and singers are welcome to attend this informal session of folk, pop, blues and original music. Bring a lawn chair, beverage, and snacks. For details, email host Bruce Simpson at bruce_simpson@msn.com.



Red Cross Blood Drive

The Red Cross will be having a blood drive at the DubHub on Friday, May 21, from noon to 5 pm. Go to www.redcrossblood.org and search under zip code 03444. You may need to click "load more results" to see this location. For details, contact the Red Cross (www.redcross.org).

Community Lunch & Annex Open House with Live Music

The DubHub will be barbecuing hot dogs (vegan option included) on Saturday, May 22, from 11 am until 1 pm in tandem with the Garden Fest's Library Book Sale. Guests will be welcome to walk through our newly completed DubHub Annex. Weather-permitting, during the meal there will be live music of short sets in the Garden Sanctuary by various members of the DubHub Open Stage & Song Circle. Bring your lawn chair or blanket.

Open Stage

Our first outdoor Open Stage this season will be Sunday, May 25, at 3 pm (weather-permitting), in the Garden Sanctuary. All styles of music and performance (storytelling, poetry, skits, readings, etc.) are welcome. Performers are encouraged to reserve a slot by emailing info@dublincommunitycenter.org. Bring lawn chairs, beverage, and snacks.

Follow the DubHub with the Hubbub and on FB

Links to virtual events are provided in the weekly Hubbub newsletter, and can be found on the DubHub Facebook page. For details, email info@dublincommunitycenter.org. Most upcoming outdoor events found at dublincommunitycenter.org.

DubHub Wi-Fi Access

The DubHub now has Broadband available from the parking lot for those who need it. Network name: DubHub guest. Call 603-563-8080 for password.

Outdoor Summer Events Coming Up

- 6/12 Cosy Sheridan in concert (rain date is 6/13)
- 7/17 "Stories and Poems: An Evening of Spoken Word" (rain date 7/18)
- 7/30 "Project Shakespeare presents: A Midsummer Night's Dream" (rain date 7/31)
- 8/28 DubHub Annual Chicken BBQ
- 9/10 "Kukuleles" in concert (rain date 9/11)
- TBD Tom Martin in concert



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Donate Food to End 68 Hours of Hunger

Help feed our school-aged children whose access to food is a serious challenge.

This food is provided to families in the Monadnock Region. Supplies may be dropped off inside the Dublin Community Church's west entrance.

Current needed items include granola bars/nutrition bars, peanut butter (18 oz plastic), saltines / graham crackers, canned beef stew, canned pasta – Beefaroni, ravioli, canned soup (12-20 oz), Hormel complete meals, macaroni and cheese, fruit cups (4 pack), instant flavored rice or noodles, instant flavored potatoes, tuna or chicken or

pulled pork (10 oz or smaller cans), instant oatmeal individual packets (different flavors), pudding cups (4 pack).

At End 68 Hours of Hunger, we continue to be overwhelmed by the generosity of Dubliners who fill our donation bins at the Dublin Community Church every week. Please keep in mind the fact that we're not able to accept anything in glass jars – think

what the inside of the child's backpack is likely to look like by the time s/he makes it home on the bus!

But we welcome your donations of other foods that we send home regularly, and for

May, we're especially looking for packs of fruit cups. Thank you so much! Your donations make such a difference.

End 68 Hours of Hunger is centered at ConVal, SAU#1, 106 Hancock Rd., Peterborough, NH 03458; please email convalnh@end68hoursofhunger.org if you have any questions.

Worshiping at Mountain View Bible Church

Mountain View Bible Church is meeting in-person for our services on Sundays (10 am and 5:30 pm) and Wednesdays (7 pm). As the weather permits, we plan to meet outdoors for our Sunday morning services. We will announce any schedule changes on www.mtnviewbible.org and on Facebook ([mvbcdublin](https://www.facebook.com/mvbc.dublin)). We do provide a Zoom feed on a limited basis for those who cannot join us in-person yet.

There is singing with the congregation and choir, but for a shorter time period. Service starts at 10:00. There is no Sunday school.

Information is available from Pastor Kyle Wilcox at pastor@mtviewbible.org. Anyone is welcome to join us. We do ask masks to be worn while the state mask mandate is in place.



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Broadband in Southwest NH: A Team Effort

BY HENRY UNDERWOOD

In 2019, Chesterfield was the first. In 2020, five more followed: Dublin, Harrisville, Rindge, Walpole, and Westmoreland. This year, 16 more NH communities are poised to enter into public-private partnerships to expand broadband access and modernize infrastructure.

In total, the projects exceed \$40 million in investment. What these communities share is the agreement that public-private partnerships are an effective way to address their broadband needs. In each case, they've used a unique combination of municipal bonding combined with a monthly fee on subscribers to make payments on the bond.

While the majority of communities this year chose to partner with Consolidated Communications, other providers, those with some presence in a community,

are ready to improve service as funding becomes available – be it through municipal bonds, federal programs, or stimulus funding.

This success in Southwest NH can be attributed to the many volunteers who followed a rigorous public process of research, education, law, financing, and who continue to lead their communities beyond implementation.

The Southwest Region Planning Commission (SWRPC) has helped with this process going back to the adoption of the region's first-ever Broadband Plan in 2015 (swrpc.org/broadband/plan). This process helped lay the foundation for the broadband improvements happening today. Among its accomplishments is the Monadnock Region Broadband Implementation Guide (swrpc.org/broadband/resources), which outlines the process and focuses on

the public-private partnership, first used by Chesterfield in 2018.

"The Guide synthesizes the knowledge and experience of local broadband champions," said Todd Horner, Planner at SWRPC (thorner@swrpc.org). "The Monadnock Region has benefited from the efforts of volunteers who have acted as trailblazers on this issue. The Guide aims to document those efforts so that other communities don't need to reinvent the wheel."

SWRPC will continue as a broadband planning resource at swrpc.org/broadband by supporting the region's communities through the Monadnock Broadband Group (MBG), made possible in part through support from the U.S. Department of Agriculture Rural Development and the U.S. Economic Development Administration. For announcements MBG of meetings, call Todd Horner at 603-357-0557.

HENRY UNDERWOOD (hunderwood@swrpc.org) is GIS Specialist/Planner at SWRPC.

Hundred Nights Shelter: Wish List

These supplies can be dropped off inside the DCC's west entrance.

The year-round shelter, Hundred Nights, Inc., in Keene, has been "helping individuals and families at risk of or experiencing homelessness with respect, dignity and compassion since 2010." You can help by dropping off some of what they need most.

Supplies: sturdy paper plates, bowls, cups, plastic utensils; paper towels, napkins, toilet paper; heavy duty trash bags (13, 30, and 55 gallon sizes); deodorant, razors (twin blade), shaving cream for men and women; small packages of tissues, Q-tips, medicated foot powder; shampoo and conditioner (full size); laundry soap (HE), spray air freshener.

Food items: powder creamer, sugar, hot chocolate mix; drink mixes (lemonade, iced tea, tang; breakfast cereals, jelly (strawberry and grape); individually wrapped cheese slices, mayo, mustard; gift cards for grocery stores and office supplies.

Gear: backpacks, flashlights, tents.

Hundred Nights Shelter and Offices, PO Box 833, 15 Lamson Street, Keene, NH 03431. For details, call 603-352-5197 or email hundrednightsinc@gmail.com.

Disposing of Household Hazardous Waste

Limit per resident, per collection day is 10 gallons in Keene.

The City of Keene Transfer Station (north on Route 12) offers Dublin residents the ability to dispose of household hazardous waste three days each month, mostly the first three weeks of the month on Wednesday (5/12, 6/9) and Saturdays (5/8, 5/22, 6/5, 6/19).

The average household throws 15.5 pounds of hazardous materials into the trash each year. Other household hazardous materials are disposed of in other ways too. Used oil is sometimes poured down storm drains, which can flow directly into streams and ponds. Many products that end up going down the sink drain empty into septic systems or sewers.

Flammable or reactive household chemicals can release toxic fumes or even explode if they are mixed together in the trash, causing fires or injuries. Dumping solvents into septic systems or landfills may contaminate ground and surface

waters, ruining drinking water and killing fish and wildlife. Pesticides can damage sewage treatment plants, and oil should never be poured into storm drains.

Don't let these things happen in your community. Be a good neighbor.

Here is a link to the Spring 2021



schedule: [//ci.keene.nh.us/sites/default/files/Pubworks/Spring%202021%20Collection%20Schedule.pdf](https://ci.keene.nh.us/sites/default/files/Pubworks/Spring%202021%20Collection%20Schedule.pdf)

The City of Keene Recycling Center cannot take any asbestos waste. For State of NH Asbestos Information, visit their website; the State of NH Department of Environmental Services has a list of Licensed Asbestos Disposal Site Contractors.

SOURCE: City of Keene, 3 Washington Street, Keene, NH 03431; 603-352-0133; <https://ci.keene.nh.us/public-works/household-hazardous-waste-schedule>

Join U.S. Poet Laureate Joy Harjo on Zoom

Sure to be an extraordinary evening of poetry and discussion.

New Hampshire Humanities invites the public to an evening with Joy Harjo, United States Poet Laureate (2019-2022) on Monday, May 3, at 6 pm via Zoom. Ms. Harjo will share a poetry reading and a discussion of her work, followed by Q&A. This presentation is free and open to the public but guests must register in advance at www.nhhumanities.org to receive the Zoom link for the program.

In 2019, Joy Harjo was appointed the 23rd United States Poet Laureate, the first Native American to hold the position. Born in Tulsa, Oklahoma, Harjo is an internationally known award-winning poet, writer, performer, and saxophone player of the Mvskoke/Creek Nation. She is the author of nine books of poetry and two memoirs.

Her many writing awards include



the 2019 Jackson Prize from the Poetry Society of America, the Ruth Lilly Prize from the Poetry Foundation, the 2015 Wallace Stevens Award from the Academy of

American Poets, and the William Carlos Williams Award from the Poetry Society of America.

On behalf of the judges of the Wallace Stevens Award, Alicia Ostriker said: "Throughout her extraordinary career as poet, storyteller, musician, memoirist, playwright and activist, Joy Harjo has worked to expand our American language, culture, and soul."

A renowned musician, Harjo performs with her saxophone nationally and internationally, solo and with her band, The Arrow Dynamics. She has five CDs of music and poetry including her most recent award-winning album of traditional flute, *Red Dreams, A Trail Beyond Tears and Winding Through the Milky Way*, which won a Native American Music Award (NAMMY) for Best Female Artist of the Year in 2009.

For more information, please email Dr. Tricia Peone, Public Programs Director, at tpeone@nhhumanities.org.

What Americorps is Doing for Others

BY MAL COLES, ACTING CEO, AMERICORPS

Today, the nation learned of the verdict convicting former police officer Derek Chauvin of murder on all counts in the death of George Floyd. Regardless of the verdict, we recognize that the struggle for racial equity and equal justice in our society has been going on for our entire history and will continue.

Horrible acts of hate transpire seemingly every day and these events can cause untold fear and anger for our BIPOC friends and loved ones who are seeking the simple safety many take for granted. Positive encounters with those sworn to serve and protect have eluded countless underserved communities for far too long.

At AmeriCorps, we strive every day to create that equitable, just world that everyone deserves, no matter the color of their skin. We stand with our Black leaders, members, volunteers and the entire Black community in recommitting our efforts to use national service and community volunteerism to bring us together. Martin Luther King Jr. and Senator Harris Wofford placed service to others above all else. At this critical moment, we need

to keep asking "Life's most persistent and urgent question: 'What are you doing for others?'" (Martin Luther King Jr, *Montgomery, Ala., 1957*) . . .

For the full article, please visit <https://americorps.gov/newsroom/official-statement/statement-george-floyd>

We are living in a moment that calls for hope and light and love. Hope for our futures, light to see our way forward, and love for one another. Volunteers provide all three. Service – the act of looking out for one another – is part of who we are as a Nation. Our commitment to service reflects our understanding that we can best meet our challenges when we join together. This week, we recognize the enduring contributions of our Nation's volunteers and encourage more Americans to join their ranks.

– Excerpted from "A Proclamation on National Volunteer Week, 2021" (April 16, 2021 • Presidential Actions)

SOURCE: www.whitehouse.gov/briefing-room/presidential-actions/2021/04/16/a-proclamation-on-national-volunteer-week-2021/

Advancing the Health and Well-Being of the Monadnock Region

Cheshire's Center for Population Health (CPH) works to improve the health and well-being of people throughout the Monadnock Region.

Our goals are to:

- Connect people with effective resources, services, and programs
- Foster relationships to speed progress and respond to emerging needs
- Create awareness, policies, and environmental change in response to community issues
- Provide education and information about advocacy for community health improvement

We know that asking for help can be challenging. Even more difficult is knowing how to seek the information you need. We are here for you. We can point you in the right direction – towards health and wellness.

To learn more, contact CPH at 603-354-5460, or visit www.cheshiremed.org/about/center-population-health.

Tracking Migrant Birds

Headwaters, property of the Harris Center, is the newest addition to the Motus Wildlife Tracking System.

BY TOM WARREN

How do birds migrate 2,500 miles between North America and South America, from summer to wintering homes and back, and how do we track these journeys?

The Motus Wildlife Tracking system (motus.org) is made up of tiny, extremely lightweight radio transmitters that are attached to shorebirds, songbirds, and butterflies like the Monarch Butterfly, all of which are connected to a network of stations that receive signals whenever a bird flies within range.

Bird Studies Canada is spearheading the Motus Project. Bird Studies Canada uses transmitters of 3-4 grams of a bird's mass.

This technology provides real-time data that reveals technical information about routes, flight speed, timing, rest stops, habitat, and more information. The University of Guelph in Ontario has even attached

Gray-Cheeked Thrush

tiny transmitters to Monarch Butterflies to track their southerly migration each fall.

Migrant populations continue to decline so rapid advances – and new tools in computation, miniaturized tracking technology, new laboratory techniques and ability to process huge amounts of data – will allow scientists all over North America to study the mysteries of migration, much of which occurs at night.

Cornell is using advanced high-definition radar systems to monitor migration. Some are so tiny they can be placed on dragonflies.

There are many examples of information

already compiled. More than 3,000 thrushes (Swainson's and Gray-Cheeked) have received transmitters in Colombia where they winter. One thrush flew more than 2,000 miles to Indiana in just three days.

Among the data disclosing migration secrets are the following:

- Bar-tailed Godwits, a shorebird, migrates 11,000 kilometers nonstop between Alaska and New Zealand.
- Long-distance migrants like Black-billed Cuckoos, fly 5 times faster than Field Sparrows.
- Eastern birds migrate in a clockwise loop.
- Spring migrants follow a green wave, the new plant growth and insect hatches.
- Climate change affects wind speed and direction causing weaker crosswinds that will cause long-distance migrants to fly faster.

The first New Hampshire network was established recently on Granite Lake in Stoddard. Headwaters, property of the Harris Center, is the newest addition to the Motus Wildlife Tracking System, with 1,000 such stations, all coordinated by Birds Canada.

TOM WARREN is Dublin's resident ornithologist.



Photo: alaboutbirds.org

Dubliners in the News

A year later, and still recovering

Dublin mom recounts challenge of getting back on her feet

By TIM GOODWIN
Monadnock Ledger-Transcript

It's been a little more than a year since Kirsten Colantino first felt a little in the back of her throat. That tickle turned out to be Colantino's first symptoms of COVID-19, and over the next 40 to 60 days (the exact number got lost in what seemed like a never-ending fight, she said), the 54-year-old Dublin mother had moments where she wasn't sure what the future would hold.

"I didn't know if I was going to live or die," she said. "I couldn't breathe. I couldn't get out of bed."

Colantino's oxygen levels dipped



Kirsten Colantino and her daughter Florence at the top of Mount Monadnock in July. When Colantino was first infected with COVID-19 in late March, she made a goal to hike Monadnock by July 4.

...opportunities, share what others have been created in these unprecedented times.

We asked for your support last year, when the local economy – and our advertising dollars – took a hit, and you stepped up to advertise, subscribe, give gift subscriptions to family, friends and neighbors and make donations to keep us going. Because of the threat to public health, we've continued to keep all of our COVID-19-related coverage free for all readers. It's thanks to you, our readers and advertisers, that we can continue our mission, and we appreciate your support.

We've tried to summarize the unique elements that shaped our Monadnock region world over this past year in today's today's paper. With any luck, it's the last such place we'll need to put together. Vaccinations aren't out of the woods yet, the light at the end of the tunnel is definitely growing nearer. And as it does, we'll continue to be here, too. Thanks for reading and subscribing, and if you have any news tips or suggestions, please contact us at news@ledgertranscript.com.

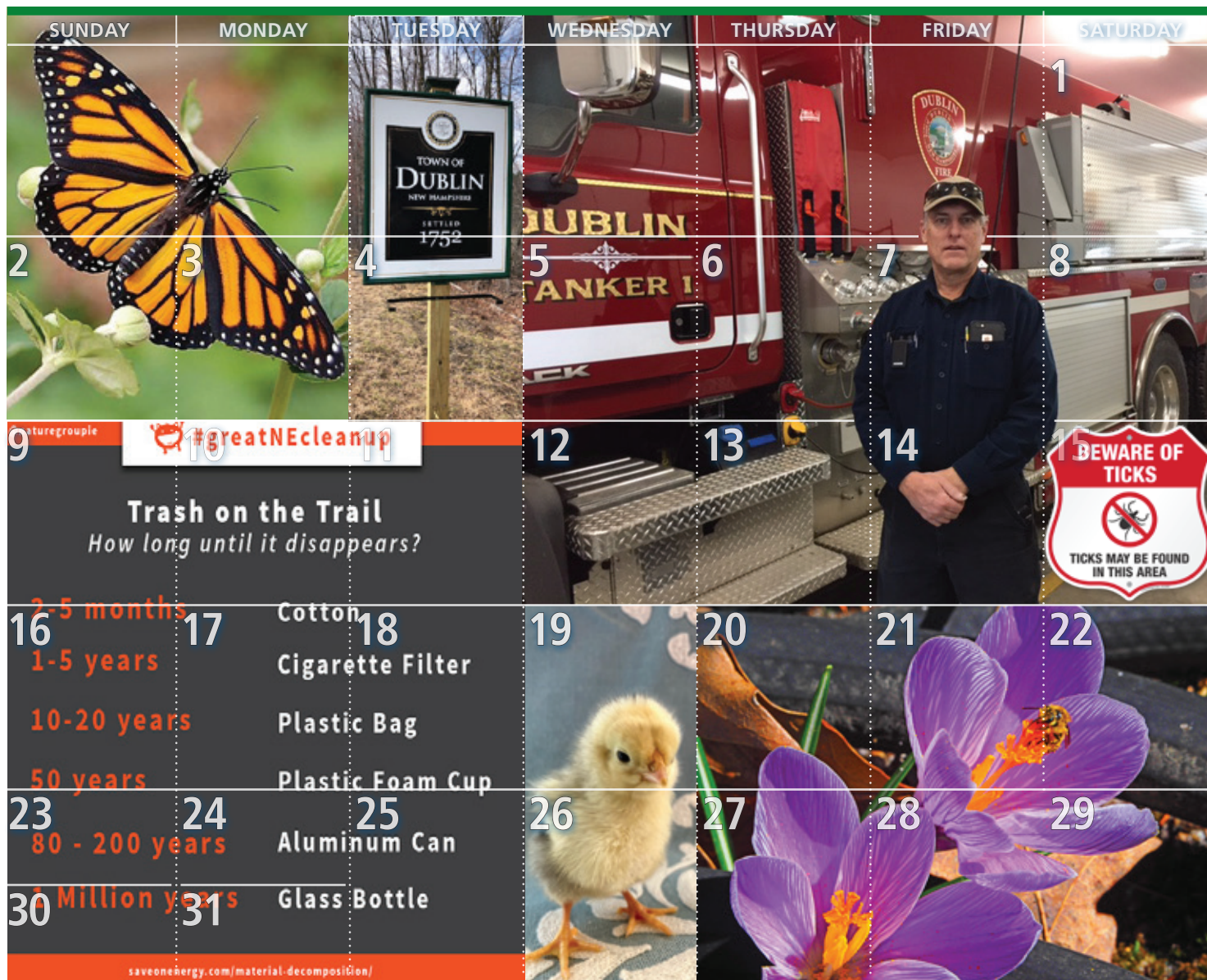
Our friends and neighbors as seen in the *Monadnock Ledger-Transcript*.

we were



March, 2009: Paul Tuller of Dublin planes a piece of cedar in his workshop. Tuller, who built his own home, embarked on a variety of projects after being laid off.

MAY 2021 Calendar



THE DUBLIN ADVOCATE may be found online and in color at WWW.DUBLINADVOCATE.COM

The Dublin Advocate is written by neighbors, for neighbors. Everyone is welcome to submit articles and/or photographs of interest to the community. Email submissions by the 15th of each month to DublinAdvocate@gmail.com.

Articles subject to edit. The editor reserves the right to refuse any article or advertisement.

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Editor: Margaret Gurney. **Advertising Coordinator:** Jeanne Sterling. **Staff:** Kim Allis, Jean Barden, Rusty Bastedo, Ramona Branch, Denise Frankoff, Shari LaPierre, Jill Lawler, Mary Loftis, Lorelei Murphy, Susan Peters, Julie Rizzo, Sally Shonk. **Production Editor:** Jill Shaffer.

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